Podcast 4: the Competing Behavior Pathway and intervention worksheet

Look at the Competing Behavior Pathway and intervention worksheet the team completed using the data they collected. Through the functional assessment process, they were able to identify the setting events, antecedent predictors and maintaining consequences. They have used the Competing Behavior Pathway to outline the specific variables they identified. They have also used the pathway to identify strategies to use for setting events and antecedent conditions that will make the problem behavior irrelevant. In other words, they will make changes that will eliminate the conditions that tend to trigger the problem behavior. Antecedent strategies can also be a good way to address the function or purpose of the inappropriate behavior. A good example of this is the plan to make Craig the line assistant during the bathroom break. By doing this, Craig will get teacher and peer attention for appropriate behavior, making it unnecessary to engage in inappropriate behavior to get attention.

The team also identified what behaviors they need to teach to Craig. They then listed some of the consequence strategies they could use to make his off-task and aggressive behavior ineffective in gaining attention and avoiding tasks.